# APOLLO ATHLETICS Since 1992

# FITNESS EQUIPMENT CATALOG 2019

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# **OUR CORE VALUES**

**CUSTOMER COMMITMENT-** we hope to develop long standing associations that will make a positive influence in each and every customer's life.

**QUALITY**- we will provide outstanding Fitness equipment at value prices along with unsurpassed service that will create exceptional value to our customers.

**INTEGRITY**- we will uphold the highest standards in all our actions.

**RESPECT**- we understand that each member of our team and every customer are to be respected for their uniqueness.

**ACCOUNTABILITY**- we are each personally responsible for delivering on our Core Values 100% of the time with no exception!

# OUR MISSION

**CRAFTED** with a simple goal: To provide an exceptional shopping experience with an unparalleled selection of physical fitness equipment at highly competitive prices!

Our California based team of dedicated professionals, averages more than 20 years of multi-faceted fitness experience! As a result of our extensive relationships with world renown manufacturers and suppliers, in coordination with our comprehensive backgrounds, we know we can provide the best equipment and guidance to help anyone meet their fitness goals. But more directly, we promise to treat each person with respect, and to support their fitness journey with honesty, integrity and humanity!





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# APOLLO ATHLETICS

**APOLLO ATHLETICS,** is a wholesaler of fitness equipment specializing in free weights and gym equipment/accessories, headquartered in Anaheim, California. We have been supplying retailers with excellent products and service since 1992.

Our pricing is very competitive and product is consistent in color, always in stock and with high quality. We are sensitive to our customers needs and are constantly updating our products and programs to better serve you. We have our own liftgated trucks and drivers, which allows us to provide better service. Our driver will unload and help transfer products to your storeroom upon request.

We have warehouses in Anaheim, CA, Tacoma, WA, Elgin, IL and Atlanta, GA.

www.apolloathletics.com





# Commercial **Balance & Mobility**



### **POWER RESISTANCE BANDS** IR7500

» Eco-friendly 100% natural rubber with 4mm thick and 2080 mm long

If it doesn't challenge

it doe

- » Resistance levels, ranging from 20 to 150 lbs.
- » EASY TO USE in any commercial or home gym.
- » IRON BULL logo in white



### A SET OF 5 SIZES FOAM PLYO BOXES IR7301

- » Outside made of with durable and beautiful PVC fabric
- » Inside made of ultra dense foam for comfort and flexibility
- » Available Heights 3", 6", 12", 18", 24"
- » Weight: 2.7 kg, 4 kg, 7 kg, 10 kg, 13 kg
- » Iron Bull logo



18"

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### 3-IN-1 COMMERCIAL USE SOFT FOAM PLYO BOX IR7211

- » Outside made of with durable and beautiful PVC fabric
- » Inside made of heavy duty ultra dense EVA foam for comfort and flexibility and wood core for increased stability
- » Can be easily adjust to three different heights: 30", 24" and 20"
- » Weight: 22 kg / 50 lbs

IRONBUL

» Iron Bull logo

### 3-IN-1 COMMERCIAL USE SOFT FOAM PLYO BOX IR7202

- » Outside made of with durable and beautiful PVC fabric
- » Inside made of heavy duty ultra dense EVA foam for comfort and flexibility and wood core for increased stability
- » Can be easily adjust to three different heights: 30", 24" and 20"
- » Weight: 8.5 kg / 18.70 lbs
- » Iron Bull logo





### RUBBER COATED DUMBBELL Item Id: IR3103

- » Solid steel heads with rubber encased and perfect surface
- » Fully welded as single piece
- » Well knurled chrome handle for firm but comfortable grip
- » Available in 5 100 lbs (in 5 lbs increments)
- » Iron Bull logo



### URETHANE DUMBBELL Item Id: IR3300

- » Urethane is odor free and will protect floors and equipment
- » Steel handles have a hard chromed finish that will not flake or peel
- » Available in 5 100 lbs (in 5 lbs increments)
- » Iron Bull logo

# ommer **Kettlebel**

### **STERLING STEEL HANDLE COMPETITION KETTLEBELL** Item Id: IR1200

- » Sterling steel handle ductile cast iron body competition kettlebell, handle rust resistance
- » Different color-coded for each size, easy to identify
- » Available in 8 kg, 10 kg, 12 kg, 16 kg, 20 kg, 24 kg, 28 kg, 32 kg
- » Iron Bull Logo



### **GRAVITY CAST IRON KETTLEBELL** Item Id: KBC (in lbs)

- » Gravity cast iron kettlebells with smooth, flat bottom
- » Powder coated ensures consistent finish and feel
- » Use for squats, throws, cleans, jerks, snatches, rotational swings and more
- » Available in 5 lbs, 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs

### **6 DIGITAL TIMER** Item Id: IR7802



- » Single-Sided LED Clock Display with 6" numbers
- » Will mount to wall, wall mounting accessories included
- » Remote control for convenient pausing/re-programming
- » Count up and down options

### IRON BULL





### RUBBER FIXED STRAIGHT BARBELL Item Id: IR4103

- » Solid steel heads with rubber encased and perfect surface
- » Fully welded as single piece
- » Chrome-plated straight bar with knurling for easy grip
- » Available in 20 110 lbs (in 10 lbs increment)
- » Iron Bull logo



### RUBBER FIXED CURL BARBELL Item Id: IR4104

- » Solid steel heads with rubber encased and perfect surface
- » Fully welded as single piece
- » Chrome-plated curl bar with knurling for easy grip
- » Available in 20 110 lbs (in 10 lbs increment)
- » Iron Bull logo



The logo is fixed with dumbbell each other, so will avoid the problem of the fall of the logo after using



### URETHANE STRAIGHT BARBELL Item Id: IR4301

- » Urethane ends will not split, peel or chip, odor free
- » Solid steel core, fully welded as single piece
- » Chrome-plated straight bar with knurling for easy grip
- » Available in 20 110 lbs (in 10 lbs increment)
- » Iron Bull logo



### URETHANE CURL BARBELL Item Id: IR4302

- » Urethane ends will not split, peel or chip, odor free
- » Solid steel core, fully welded as single piece
- » Chrome-plated curl bar with knurling for easy grip
- » Available in 20 110 lbs (in 10 lbs increment)
- » Iron Bull logo

Commercial Plates



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### 4-GRIPS RUBBER WEIGHT PLATE Item Id: IR5100

- » Rubber coated, cast iron core with stainless steel insert for added durability
- » 4 grip holes for easier carrying
- » Available in 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs, 45 lbs
- » Iron Bull logo

### BLACK RUBBER BUMPER PLATE Item Id: IR5101

- » All weights have the same diameter (450 mm)
- » Stainless steel rim bushing for added durability
- » Available in 10 lbs, 15 lbs, 25 lbs, 35 lbs, 45 lbs
- » Iron Bull logo or printed customer's logo

### COLORFUL COMPETITION BUMPER PLATE Item Id: IR5102

- » Solid steel core with industrial hard chrome center, customers logo printing available
- » Virgin rubber encased plates, 2 years warranty against defects
- » Chrome-plated curl bar with knurling for easy grip
- » Available in 25 lbs, 35 lbs, 45 lbs and 55 lbs
- » Accurate to within a 1% (+ or -) weight

### COLORFUL COMPETITION BUMPER PLATE Item Id: IR5202

- » Solid steel core with industrial hard chrome center, customers logo printing available
- » Virgin rubber encased plates, 2 years warranty against defects
- » Available in 10 kg, 15 kg, 20 kg, 25 kg
- » Accurate to within a 1% (+ or -) weight tolerance





# **Commercial**

# **Plates**







# **PU ENCASED 3-GRIPS PLATE** Item Id: IR5500

- » Most durable PU encased, virtually indestructible and maintenance free
- » Three grip holes for easier carrying
- » Available in 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs, 45 lbs
- » Iron Bull logo or laser cut customer's logo



### CRUMB RUBBER BUMPER PLATE Item Id: IR5104

- » High-TEMP Rubber Plate, no odor
- » All weights have the same diameter (450 mm)
- » Stainless steel rim bushing for added durability
- » 10 lbs can match 3000 times dropping test, others can match 20, 000 times
- » Available in 10 lbs, 15 lbs, 25 lbs, 35 lbs, 45 lbs



- » Durable urethane encased, no odor, free maintenance and solid
- » 3-grip design offers a comfortable grip and an easier way when using
- » Available in 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs and 45 lbs
- » Laser cut customer logo or no logo

### **URFTHANF ENCASED 4-GRIPS PLATE** Item Id: IR5300

- » Most durable Urethane encased, virtually indestructible and maintenance free
- » Four grip holes for easier carrying
- » Available in 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs and 45 lbs
- » Iron Bull logo



# **Commercía** Bars









### IRON BULL MEN'S 1500 LBS BAR Item Id: IR2201

- » High alloy steel with fully hard chrome, rust resistance and lowest maintenance
- » 4 needle bearings, ensure smooth consistent rotation of the sleeves
- » One bronze bushing in each sleeve
- Precision knurl allows for a positive grip, dual knurl markings for weightlifting and power-lifting
- » 2200mm long, 28mm diameter grip and weighs 20 kg

### IRON BULL MEN'S 1500 LBS BAR Item Id: IR2202

- » Black zinc coated shaft and hard chrome sleeves
- » 4 needle bearings, ensure smooth consistent rotation of the sleeves
- » One bronze bushing in each sleeve
- Precision knurl allows for a positive grip, dual knurl markings for weightlifting and power-lifting
- » 2200mm long, 28mm diameter grip and weighs 20 kg

### IRONBULL MEN'S 1500 LBS BAR Item Id: IR2203

- » Whole bar black zinc coated
- » 4 needle bearings, ensure smooth consistent rotation of the sleeves
- » One bronze bushing in each sleeve
- » Precision knurl allows for a positive grip, dual knurl markings for weightlifting and power-lifting
- » 2200mm long, 28mm diameter grip and weighs 20 kg
- » Iron bull logo



# **Bars**





### IRONBULL WOMEN'S 1000 LBS BAR Item Id: IR2010

- » Hard chrome finish is more durable and decreases the liability associated with chipping, cracking or peeling
- » 4 Needle bearings ensure smooth, consistent rotation
- » One bronze bushing in each sleeve
- » 2010mm long, 25 mm diameter grip, and weighs 15kg
- » Iron Bull logo end caps



### OB-86B-1000 LBS BLACK ZINC BAR, 28 MM Item Id: IR2206

- » Whole bar black zinc coated
- » One bronze bushing in each sleeve
- Precision knurl allows for a positive grip, dual knurl markings for weightlifting and power-lifting
- » 2200mm long, 28mm diameter grip and weighs 20 kg
- » Iron Bull logo



### OLY 86 1000 LBS ALLOY BAR, 28MM Item Id: IR2207

- Alloy hard chrome finish is more durable and decreases the liability associated with chipping, cracking or peeling
- » One bronze bushing in each sleeve
- » 1000 lbs bar, 28mm weighs 20 kg
- » Iron Bull logo



### WALK-IN 56" OLYMPIC BAR Item Id: IR7600



- » Heavy duty walk-in Hex/Trap Bar
- » 56" Olympic bar
- » Dual handle with comfort knurling





# Item Id: IR2023



- » Cerakote coated shaft last 70x longer than chromed and even stainless steel
- » Cerakote handle with hard chromed sleeves
- » Diameter: 25 mm
- » Length: 6.6' (79.13")
- » Middle part length: 51.5"
- » 4 needles bearings ensures smooth and consistent rotation
- » 6 stage of knurling
- » Iron Bull logo on end of sleeves

# Cerakote Bars

### CERAKOTE BEARING BAR FOR MEN Item Id: IR2224



### » Cerakote coated shaft last 70x longer than chromed and even stainless steel

- » Cerakote handle with hard chromed sleeves
- » Diameter: 28 mm
- » Length: 86.6"
- » Middle part length: 51.5"

NEW PRODUCT

- » 4 needles bearings ensures smooth and consistent rotation
- » 6 stage of knurling
- » Iron Bull logo on end of sleeves

### CERAKOTE BEARING BAR FOR MEN Item Id: IR2225





- » Cerakote coated shaft last 70x longer than chromed and even stainless steel
- » Cerakote handle with hard chromed sleeves
- » Diameter: 28 mm
- » Length: 86.6"
- » Middle part length: 51.5"
- » 4 needles bearings ensures smooth and consistent rotation
- » 6 stage of knurling
- » Iron Bull logo on end of sleeves



### LOCK JAW COLLAR Item Id: IR7800

- » For any bar with dia 2" sleeves
- » Quick release, superior durability
- » Color options: black, red and blue



### LOCK JAW COLLAR Item Id: IR7801

- » For any bar with dia 2" sleeves
- » Quick release, superior durability
- » Color options: blue, yellow, red and aluminum color

Commercial

Collars





» Unique inner urethane core keeps ball's true shape throughout workout

### Wall Ball Item Id: IR7101

- » Made of durable synthetic leather and designed for superior grip
- » Available in 6 lbs, 8 lbs, 10 lbs, 12 lbs, 14 lbs, 16 lbs, 18 lbs, 20 lbs
- » From 8 lbs and above, with urethane inner tank to keep weight balance when using
- » Colorful Iron Bull logo embroidered







# Commercial Strength & Conditioning



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# IRONBULL

### POWDER SAND BAG Item Id: IR7204

- » Made of heavy-duty PVC vinyl
- » Four handles with rubber grips are available for a variety of choices when using
- » Different colors at the both ends is easy to identify the various sizes
- » Available sizes: 5 kg, 10 kg, 15 kg, 20 kg and 25 kg

### BULGARIAN POWER BAG Item Id: IR7203

- » Made of PVC, filled with boxing cotton and sand
- » Available sizes: 8 kg, 12 kg, 15 kg, 17 kg & 22 kg
- » Iron Bull logo

# Commercial Cross Training Racks

### GHD EXERCISE ROMAN CHAIR Item Id: IR7105

- » Steel construction Roman Chair
- » Targets back, glutes, hamstrings and abdominal muscles
- » Durable powder coated finish
- » Dimensions: 2380 x 790 x 1080 mm

### Cross Training-RIG PARTS FLYING PULL-UP ATTACHMENT Item Id: IR75306-18

- » Durable powder coated finish
- » Available diameter and width of the Round tube: 32mm \* 3mm/1.25" \* 0.12"
- » Available length: 1800mm / 70"

### Cross Training-RIG PART UPRIGHT STAND Item Id: IR75301-27S

- » Durable coated finish
- » Available height: 2700 mm / 9'
- » Available type of uprightstnd: Four sides with holes and Laser engraving number on two sides

### Cross Training-RIG PARTS MULTIFUNCTIONAL BEAM Item Id: IR75302-18

- » Durable powder coated finish
- » Available diameter and width of the Round tube: 32mm \* 3mm/1.25" \* 0.12"
- » Available length: 1800 mm / 70"

### Cross Training-RIG PARTS MULTIFUNCTIONAL BEAM Item Id: IR75304-18

- » Durable powder coated finish
- » Available diameter and width of the Round tube: 32mm \* 3mm/1.25" \* 0.12"
- » Available length: 1800 mm / 70"



# Commercial & Cross Training Racks

Cross Training-RIG PARTS SAFETY SPOTTING ARMS Item Id: IR75308-00

- » Durable powder coated finish with special plastic for protecting bars
- » Available length: 600mm/23.6"

### Cross Training-RIG PARTS MONSTER DIP BAR Item Id: IR75310-00

- » Durable powder coated finish
- » Available dimension: L 160 \* W 360 \* H 200 mm/6.3" \* 14.17" \* 7.87"

### Cross Training-RIG PARTS WALL BALL TARGET Item Id: IR75311-00

- » Durable powder coated finish
- » Available dimension: H 450 mm/17.7"

### Cross Training-RIG PARTS MONKEY BAR Item Id: IR75317-11

- » Durable powder coated finish
- » Available diameter 32 mm/1.25" and length: 1100 mm/ 43"

### Cross Training-RIG PARTS MONKEY BAR Item Id: IR75317-18

- » Durable powder coated finish
- » Available diameter 32 mm/1.25" and length: 1800 mm/ 70"



### Cross Training-RIG PARTS BOXING BAG RACK Item Id: IR75319

- » Durable powder coated finish
- » Available dimension: L 800 \* H 355 mm/31.50" \* 13.98"

# Commercial Racks

### IRON BULL DUMBBELL RACK Item Id: IR6300

- » Durable powder coated finish, great surface
- » Two tier design with flat oval steel tube, load is up to 1000 kg
- » Perfect weld construction
- » Easy to assemble

### BARBELL RACK Item Id: IR6400

- » Durable powder coated finish and great surface
- » Perfect design with flat oval steel
- » Easy to assemble
- » Perfect weld construction
- » 10 positions for barbell storage

### BARBELL RACK Item Id: IR6200



- » Bar rack holds 10 bars
- » Heavy duty, 12 mm thick, steel frame
- » Powder coated finish
- » Product size: 900 x 600 x 300 mm
- » Packing size: 950 x 620 x 210 mm



### CABLE CROSSOVER Item Id: IR1016





# **Commercial Benches &**

# **Racks**

**FLAT BENCH** Item Id: IR1036



- » Tube Thickness: 3.0 mm
- » Dimensions: 1410 x 680 x 420 mm
- » Weight: 65 lbs

### **MULTI-PURPOSE BENCH** Item Id: IR1038



- » Tube Thickness: 3.0 mm
- » Dimensions: 1060 x 680 x 900 mm
- » Weight: 65 lbs

### **FUNCTIONAL TRAINER** Item Id: IR1017

**ADJUSTABLE DECLINE BENCH** 



- » Tube Thickness: 3.0 mm
- » Dimensions: 1640 x 680 x 990 mm
- » Weight: 125 lbs

### **SUPER BENCH** Item Id: IR1039



- » Tube Thickness: 3.0 mm
- » Dimensions: 1060 x 680 x 690 mm
- » Weight: 93 lbs

- » Tube Thickness: 3.0 mm
- » Dimensions: 1050 x 1760 x 2250 mm
- » Weight: 770 lbs

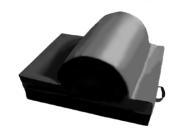
# **Balance & Mobility**



### AEROBIC BARS A-BAR

- » 48" long x 1.25" handle
- » Solid steel construction

» Foam covering allows for easy grip during exercises
 » Weights available: 4 lbs, 6 lbs, 9 lbs, 12 lbs & 15 lbs



### GLUTE HAM G-HAM

- » High density foam with easy to clean 18 oz vinyl cover
- » Great exercise for the entire posterior chain
- » Critical piece of strength training equipment
- » 16" W x 10" H curved upper pad

### INDIAN CLUB EXERCISE BAT E-BAT

- » Cast iron with smooth black finish
- » Machined handle for consistent and safe grip
- » Symmetrically balanced for optimum weight equalization
- » Available sizes: 5 lbs, 10 lbs, 15 lbs, 20 lbs

### MACE BELL M-BELL

- » All steel construction
- » Commercial heavy-duty quality for use in all types of facilities
- » Evenly weighted and completely spherical head (no flat top)
- » Available sizes: 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30, lbs 35 lbs, 40 lbs













### FITNESS HAMMER Item Id: F-HAM

- » Durable steel construction
- » Machined knurled over 90% of handle for easy stress free grip
- » Head is welded to handle for increased safety and performance
- » Symmetrically balanced for optimum weight equalization
- » Available sizes: 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30, lbs



### EXERCISE STRENGTH RUBBER BANDS Item Id: ESB

- » Heavy duty latex rubber loops (40" long and 3/16" thick)
- » 6 color coded widths/resistance levels





### 5 PC SET RESISTANCE BAND Item Id: EST-5 SET

- » 3 resistance levels: Light, Medium and Heavy
- » Soft grip handles
- » Double layer of latex designed to ensure the elastic force remains true over continuous usage



### AGILITY LADDER Item Id: LADDER-S

- » Fixed rungs save set-up time and withstand abuse from cleats and surface conditions
- » Easy carry bag with handle



### 20 NEOPRENE DUMBBELL SET W/ TREE Item Id: NEO-20 SET

- » Easy grip neoprene coating
- » Rubber-like coating helps protect floors
- » Weights can be used for both indoor / outdoor use
- » Weight stand (tree) included
- » Size: 2 lbs, 3 lbs and 5 lbs



**ESB-Handle** 



# **Balance & Mobility**



### VINYL BLACK JUMP ROPE, 10' Item Id: JR-B

» Vinyl cable jump rope w/ PVC handles



### LEATHER JUMP ROPE, 10' Item Id: JR-L

» Leather cable with soft foam handles



- » Dimensions: 15" L x 12" W x 3" H
- » Weight: 2 lbs

### BALANCE PAD Item Id: BLP



- » EVA closed cell foam
- » Dimensions: 19"L x 15" W x 2" H
- » Weight: 1.16 lbs

### BALANCE CUSHION Item Id: BLC



- » Moisture-resistance shell
- » Dimensions: 13" round
- » Weight: 2 lbs



SPEED JUMP ROPE W/ METAL-DOWEL Item Id: JR-SPEED

» Light-weight w/ effortless grip

### FOAM ROLLER Item Id: FR-24

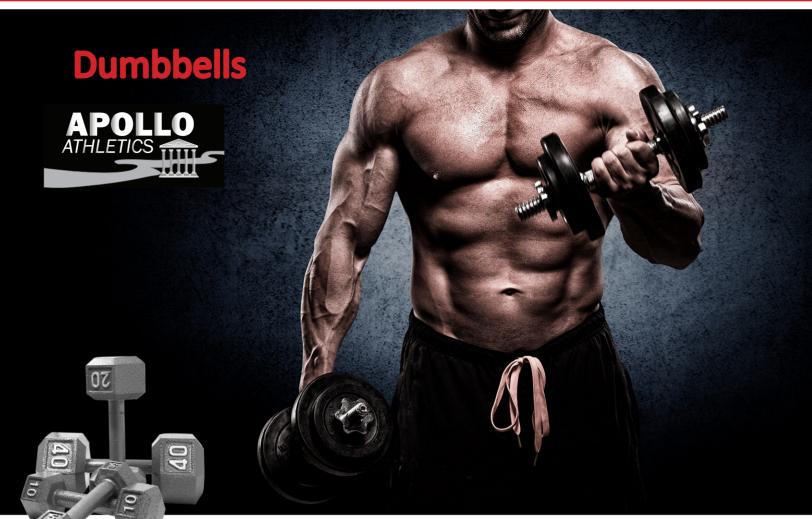


- » Lightweight, medium-density foam
- » Diameter 6" / Length 36"
- » Weight: 1.2 lbs

### FOAM ROLLER (HARD) Item Id: FR-36-H



- » Lightweight High-density molded Epp polypropylene foam
- » Diameter 6" / Length 36"
- » Weight: 1 lb





### Grey Cast Iron Hex Dumbbell Item Id: HD

- » Cast iron construction
- » Durable resin-based paint and baked finish
- » Abrasion and corrosion resistant
- » Available sizes: 1 lbs 120 lbs





### » Chrome contoured knurled handles

**RUBBER HEX DUMBBELL** 

Item Id: HDRS

- » Durable rubber-covered heads for increased safety and comfort
- » Head threaded and permanently attached to solid steel shaft
- » Available sizes: 3 lbs 100lbs
- » Available sets: 5 lbs 50 lbs set & 55 lbs 100 lbs set



# **Dumbbells**

### VINYL DUMBBELL VCD-B

- » Vinyl Coated Hand Weights
- » All-Purpose Color Coded
- » Durable with easy weight identification
- » Available sizes: 1 lbs, 2 lbs, 3 lbs, 4 lbs, 5 lbs, 6 lbs, 7 lbs,8 lbs, 10 lbs

### NEOPRENE DUMBBELL NEO-N

- » Cast iron construction
- » Blue neoprene coating
- » Abrasion and corrosion resistant
- » Available sizes: 1 lbs, 2 lbs, 3 lbs, 4 lbs, 5 lbs, 6 lbs, 7 lbs,8 lbs, 9 lbs, 10 lbs, 12 lbs, 15 lbs, 20 lbs



# DUMBBELI

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# DUMBBELL HANDLES

- » Solid steel 1 1/6" shaft
- » Chrome knurled handles
- » Abrasion and corrosion resistant

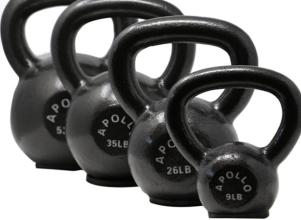


### FIXED DUMBBELL FD

- » Build your own dumbbells
- » Fixed dumbbells 5 lbs to 160 lbs







# Kettlebells

### GRAVITY CAST IRON KETTLEBELL Item Id: KB-LB

- » Gravity cast iron kettlebells with smooth, flat bottom
- » Powder coated to make sure perfect surface
- » Use for squats, throws, cleans, jerks, snatches, rotational swings and more
- » Available in 5 lbs, 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30 lbs, 35 lbs, 40 lbs 45 lbs, 50 lbs





### KETTLEBELL Item Id: KB-KG

- » Cast iron construction
- » Durable resin-based paint and baked finish
- » Abrasion and corrosion resistant
- » Available sizes: 4 kg, 8 kg, 12 kg, 16 kg, 20 kg, 24 kg, 28 kg, 32 kg, 36 kg, 40 kg, 44 kg, 48 kg



### BLUE NEOPRENE KETTLEBELL Item Id: KBN

- » Cast iron construction
- » Neoprene coating
- » Abrasion and corrosion resistant
- » Available sizes: 5 lbs, 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30 lbs







### 1" GRAY 110 lbs SET Item Id: GR-110 SET

- » Steel construction
- » Chrome coated knurling
- » 110 lbs set with 85 lbs plates
- » 60" spinlock bar
- » 2 Dumbbell handles



### 1" GRAY 160 lbs SET Item Id: GR-160 SET

- » Steel construction
- » Chrome coated knurling
- » 160 lbs set with 135 lbs plates
- » 72" spinlock bar
- » 2 Dumbbell handles



### 300 lbs OLYMPIC SET Item Id: OBH-86-300

- » 7" Olympic Chrome Bar
- » 2 spring clip collars
- » Plates: 2 x 2.5 lbs, 4 x 5 lbs, 2 x 10 lbs, 2 x 25 lbs, 2 x 35 lbs, 2 x 45 lbs



2" OLYMPIC BASE SET Item Id: GOD-84 SET, GOD-86 SET

- » 2" Gray Olympic base set
- » 84" or 86" bar
- » Plates: 2 x 2.5#, 4 x 5#, 2 x 10#
- » 2 x collars



- » 2" Dark Gray Olympic base set
- » 84" or 86" bar
- » Grip plates: 2 x 2.5#, 4 x 5#, 2 x 10#
- » 2 x collars

### DUMBBELL HANDLE Item Id: RHD-14

- » Steel construction
- » Chrome coated
- » Rubber handle & spinlock

### CHROME CURL BAR Item Id: SCB-47

- » Steel construction
- » Chrome coated
- » 47" Curl bar w/ star collar

### SUPER CHROME CURL BAR ———— Item Id: SSCB-47

- » Steel construction
- » Chrome coated
- » 47" Chromed super curl bar

Item Id: SSB-60, 72, 84

» Steel construction

**SPINLOCK BARS** 

- » Chrome coated with star collars
- » Available bar sizes: 60", 72" & 84"



- » Steel construction
- » Chrome coated with star collars



- » Steel construction
- » Smooth bar with star collars



# **Barbells**

## 47" SMOOTH CURL BAR

Item Id: CB-47

- » Steel construction
- » Chrome coated
- » 47" smooth bar with collars

### 47" SUPER SMOOTH CURL BAR Item Id: CB-47 SUPER

- » Steel construction
- » Chrome coated
- » 47" Super smooth bar with collars

### CHROME SMOOTH BAR Item Id: SB-60, 72, 84

- » Steel construction
- » Chrome coated smooth bar with collars
- » Available bar sizes: 60", 72" & 84"

### 47" OLYMPIC BAR Item Id: OCH-47

- » Steel construction
- » Chrome coated
- » 47" (high-grade) with brass bushing

### OLYMPIC TRICEP BAR Item Id: OT-34

- » Steel construction
- » Chrome coated knurling
- » 34" tricep bar with collars

### OLYMPIC CURL BAR Item Id: OC-47

» 47" Olympic curl bar

### OLYMPIC SUPER CURL BAR Item Id: OC-47S



» 47" Super curl bar

### 47" BLACK CURL BAR Item Id: OBH-47

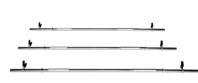


- » Steel construction
- » 4' (high-end) no collar

### OLYMPIC DUMBBELL HANDLE Item Id: ODH-20



» 20" dumbell handle with collars





### OLYMPIC BARS Item Id: OB-60, 0B-72, OB-84, OB-86"

» Steel construction
» Chrome coated
» Available sizes: 60", 72", 84" & 86"

### OB-86B-1000 lbs BAR Item Id: IR2206

- » Whole bar black zinc coated
  - » One bronze bushing in each sleeve
  - » Precision knurl allows for a positive grip, dual knurl markings for weightlifting and power-lifting



### OLYMPIC ALLOY 1000 lbs BAR Item Id: IR2207

- » Alloy hard chrome finish is more durable and decreases the liability associated with chipping, cracking or peeling
- » One bronze bushing in each sleeve
- » 28 mm



### ALUMINUM OLYMPIC LIGHT 150 lbs BAR Item Id: OB-72ALU

- » Aluminum construction
- » 6' Ultra light (high-grade)
- » Diameter 28 mm



### 64" OLYMPIC HEX BAR Item Id: OB-64HEX

- » Steel construction
- » 64" with 2 collars





### 1" GRAY PLATES Item Id: GR

- » Cast iron construction
- » 1" Plates
- » Available sizes: 1.25 lbs, 2.5 lbs, 5 lbs, 7.5 lbs, 10 lbs, 12.5 lbs, 20 lbs, 25 lbs, 50 lbs



### GRAY OLYMPIC DEEP PLATES Item Id: GOD

- » Cast iron construction
- » Available sizes: 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs, 45 lbs



### DARK GRAY OLYMPIC GRIP PLATES Item Id: GOG

- » Cast iron construction
- » Available sizes: 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs, 45 lbs



### RUBBER OLYMPIC BUMPER PLATES Item Id: ROBS

- » Rubber coated 2" plate
- » Available sizes: 2.5 lbs, 5 lbs, 10 lbs, 25 lbs, 35 lbs, 45 lbs





## Collars 1" SPRING COLLAR

Item Id: SC-1



### 1" SPINLOCK COLLAR Item Id: SLC-1

2" OLYMPIC TRAINING COLLAR Item Id: TC-2

ALUMINUM OLYMPIC COLLAR W/ LOCK JAW Item Id: IR7801





# MEDICINE BALL RACK

**BENCHES & RACKS** 

# Item Id: M-BALL-RACK-S

- » Can hold 5 pieces medicine balls
- » Black powder coated high strength steel tubing
- » Dimensions: 16" D x 24" W x 66" H
- » Weights: 22 lbs



### DOUBLE-COLUMN MEDICINE BALL RACK Item Id: M-BALL-RACK-D

- » Can hold 10 pieces medicine balls
- » Black powder coated high strength steel tubing
- » Dimensions: 16" D x 24" W x 66" H
- » Weights: 28 lbs

### APOLLO INCLINE/FLAT/DECLINE BENCH Item Id: RSB-400-A

- » 2" x 2" steel tubular frame construction
- » Scratch resistant black powder coat finish
- » Comfortable 1.75" upholstered pads
- » Dimensions: 45" L x 18" W (on seat) x 12 " W (on back pad) 18" H (seat starting position)
- » Weight 40 lbs





# BENCHES & RACKS

### **APOB-ARM**



### APOLLO OLYMPIC BENCH Item Id: APOB-A

- » 48" width durable
- » 2" x 2" steel frame
- » High Density padding
- » Black Powder Coating to resist scratches
- » User weight capacity: 275 lbs
- » Assemble Dimensions: 60" W x 52" H x 47" D



### APOLLO POWER TOWER Item Id: PW-T-A

- » Commercial grade black powder coat prevents scratches
- » Heavy guage 2.4" x 2.4" 1.5 mm tubular steel
- » Dimensions: 25" W x 36" D x 82" H
- » Weight: 88 lbs

### APOLLO FLAT BENCH Item Id: APFB-A

- » 2" X 2.8" Frame
- » 11.5" thick wide
- » 2" thick padding
- » Stabilizing rubber foot pads
- » Matte black powder coat finish resists scratches
- » User weight capacity: 275 lbs
- » Assembled Dimensions: 46" L x 23" W x 18 1/4" H





# BENCHES & RACKS



### INTEGRAL SQUAT RACK Item Id: RSB-314

- » 42" Wide
- » Adjustable 35" 65" Squat Stand/Bench Press Rack
- » Max load should not exceed 275 lbs
- » 5" back plate to catch bar
- » 2.5" mouth opening for bar support
- » Weight: 35.2 lbs



### SQUAT RACK WITH ADJUSTABLE WIDTH Item Id: RSB-308

- » High tensile strength steel
- » Black powder coating to resist sractches
- » Rubber end caps providing protection and stability
- » Adjust from 38" 68" heigth with back plate to catch bar
- » 2.5" mouth opening for bar support and safety
- » Max load shoud not exceed 250 lbs
- » Weight: 41.8 lbs



### PULL UP SYSTEM Item Id: PULL-UP-RACK

- » Durable solid steel construction
- » Black powder-coated finish protects
- » Heavy-duty assembly bolts flush to support brackets
- » Hold's up to 400 lbs
- » Dimensions: 44" W x 36" D x 23" H
- » Weight: 38 lbs







#### A-FRAME DUMBBELL RACK Item Id: DBR-A

- » A-Frame, space saving design
- » White powder coated finish
- » Rubber feet to provide stability
  - » Stores up to 6 dumbbells
- » Dimensions: Overall height 33" H x 20" W
- » Weight: 31 lbs

#### 2-Tier Dumbbell Rack Item Id: DBR-2



- » Heavy-gauge steel
- » White powder coated finish
- » 2 tiers that hold 10 pairs
- » Rubber shelves prevent chips and dings
- » Dimensions: 21" D x 43" L x 32" H
- » Weight: 54 lbs



#### 3-Tier Dumbbell Rack Item Id: DBR-3M

- » Heavy grade 2" x 2" steel tubing frame welded construction has durable scratch resistant
- » White powder coated finish
- » Accommodate multiple size dummbells
- » Dimensions: 43" L x 36" H x 24" D
- » Weight: 86 lbs



#### 3-TIER DUMBBELL RACK Item Id: DBR-3S

- » Heavy grade 2" x 2" gauge steel tubing frame with welded construction has durable scratch resistant
- » White powder coated finish
- » 3 black powder coated open shelves
- » Dimensions: 24" W x 35" H
- » Weight: 42 lbs







#### 3-TIER RACK FOR RUBBER HEX-DUMBBELLS Item Id: DBR-3R

- » Heavy duty construction combined with satin black finish
- » Black powder coated finish
- » Store up to 13 pairs of rubber hex dumbbells
- » Dimensions: 57" x L x 37" H x 11" D
- » Weight 88 lbs



#### SQUAT RACK WITH ADJUSTABLE WIDTH Item Id: KB-R

- » Heavy gauge steel rack
- » Frame welded on all four sides
- » Grey/black powder coated
- » Dimensions: 58" W x 26" H
- » Weight: 96 lbs



#### MULTI-EXERCISE RACK Item Id: M-RACK

- » Steel tube construciton
- » Rubber grips / stabilizer feet for secure grip
- » Yellow powder coated frame resists scratches
- » Dimensions: 23" L x 16" W x 29" H
- » Weight: 25 lbs



#### 9 PIECE BAR HOLDER Item Id: DR-5

- » Wide base stability
- » Black powder coating resists scratches
- » Store up to 9 Olympic bars of any length
- » Dimensions: 20" L x 20" W x 8"H
- » Weight: 35 lbs







#### STANDARD PLATE TREE Item Id: SPT

- » Durable 2" x 2" high tensile strength stee frame with welded construction
- » Stores up to 500 lbs of weight plates (stacks 1" or 2" plates)
- » Total of 7 pegs on the frame
- » Dimensions: 28" L x 14" W x 35" H
- » Weight: 23 lbs



#### OLYMPIC PLATE TREE Item Id: OPT

- » Black powder coat chip resistant finish
- » Durable 2" x 2" high tensile strength stee frame with welded construction
- » Stores up to 500 lbs of weight plates (stacks 2" plates)
- » Total of 7 pegs on the frame
- » Dimensions: 28" L x 14" W x 35" H
- » Weight: 24 lbs

#### HORIZONTAL OLYMPIC PLATE RACK Item Id: SRPT



- » Durable solid steel construction
- » Black powder-coated finish protects
- » Includes 8" of 4" width slots to hold multiple size bumper weight plates
- » Hold's up to 350 lbs
- » Dimensions: 51" L x 11.8" W x 11.8" H (total 52" L includes wheel)
- » Weight: 37 lbs



#### SLED Item Id: S-RACK

- » Heavy gauge black powder coated steel
- » 500 lbs capacity
- » Includes harness hooks for external harness push / pull
- » Dimensions: 49" L x 26" W x 40" H
- » Weights 98 lbs



#### RUBBER MAT Item Id: MAT-R

- » Printing on surface
- » 6' L x 4 W' x 1/2'' thickness



Item Id: MAT-Y

» 2' x 5' x 1/6" thickness

**YOGA MAT** 

YOGA MAT Item Id: MAT-Y-A



» Amazon logo» 2' L x 6' W x 1/4" Thickness

#### DOUBLE LAYER YOGA MAT Item Id: MAT-T



» 6' L x 2' W x 1/3" Thickness









#### HIGH-DENSITY FOAM MAT Item Id: MAT-F-1

» Class 80 Foldable
» 6' L x 2' W x 1" H





#### HIGH-DENSITY FOAM MAT Item Id: MAT-3-8-1

» Class 80 Foldable» 3' L x 8' W x 1" H



#### HIGH-DENSITY FOAM MAT Item Id: MAT-F-H

- » Class 70 Foldable
- » 4 set per carton
- » 6' L x 2' W x 1" H



#### PVC MAT Item Id: MAT-48, 60, 72, 78

» For bike & treadmil
» 3' x 4', 3' x 5', 3' x 6', 3 x 6.5'



#### PUZZLE MAT Item Id: MAT-6

- » 6 pieces per set
- » 4 set per carton
- » 2' L x 2' W x 1/2" H



#### AEROBIC STEP Item Id: AS-L



- » 3 height levels (includes 4 risers)
- » Hard plastic adjustable height step
- » Dimensions: 29" L x 15" W x 9" H
- » Weight: 11 lbs
- » User capacity: 275 lbs

#### AEROBIC STEP RISERS Item Id: AS-L-R AS-XL-R



- » Dimensions: 14" W x 10" L x 3" H
- » Weight: 1 lb
- » User weight capacity: 275 lbs



#### LACROSSE BALL Item Id: L-BALL

- » Lightweight and emminently portable
- » Firm rubber measures 2 1/2" diameter
- » Sold in pairs
- » Each ball weights 8 oz.



#### MEDICINE BALL Item Id: M-BALL

- » Basketball groove feel
- » Easy to grip hard rubber outer shell
- Endurance in keeping shape after multiple usage
- » Available sizes: 4 lbs, 6 lbs, 8 lbs, 10 lbs, 12 lbs

#### AEROBIC STEP Item Id: AS-XL



## **Steppers & Balls**

- » 3 height levels (includes 4 risers)
- » Hard plastic adjustable height step
- » Dimensions: 43" L x 17" W x 9" H
- » Weight: 21 lbs
- » User capacity: 300 lbs



#### SLAM BALL Item Id: S-BALL

- » Sand filled for true no bounce
- » Balanced in heavy-duty rubber shell
- » Easy to grasp & throw with a pliable, tactified surface
- » Available sizes: 6 lbs, 10 lbs, 15 lbs, 20 lbs, 25 lbs, 30 lbs, 35 lbs, 40 lbs, 45 lbs, 50 lbs

#### EXERCISE BALL Item Id: E-BALL

- » High quality anti-burst stability ball
- » Dense rubber walls
- » Durable material designed to conform to the body
- » Available sizes: 55 cm, 65 cm, 75 cm
- » Capacity weight limit: 300 lbs



WEIGHT GLOVES Item Id: GV-L





LARGE WEIGHT GLOVES Item Id: GV-XL, GV-XXL



LEATHER HEAD BELT W/ CHAIN Item Id: H-BELT

LARGE & EX-LARGE WEIGHT BELT Item Id: WB-L, WB-XL, WB-XXL



LEATHER DIPPING BELT W/ CHAIN Item Id: D-BELT



ALUMINUM ALLOY BASE WEIGHT RAIS Item Id: AAB

**Cable Attachments** 

#### CABLE ROPE (HIGH-GRADE)Item Id: CR-H



#### SINGLE GRIP CABLE HANDLE Item Id: CH-5



SINGLE GRIP (HIGH-GRADE) Item Id: CHH-5



DUEL PRESS BAR (HIGH-GRADE) Item Id: DDP-7





DOUBLE GRIP HANDLE (HIGH-GRADE) Item Id: DDHH-1



36" & 48" CHROMED LAT BAR Item Id: LB-36 48



MULTI PURPOSE W/ RUBBER HANDLE (HIGH-GRADE) Item Id: VB-25R





20" CHROMED CABLE STRAIGHT W/ RUBBER HANDLE (HIGH-GRADE) Item Id: RCBR-20R



## **Cable Attachments**

48" LAT BAR W/ RUBBER ENDS Item Id: LBR-48



MULTI EXERCISE BAR W/ RUBBER ENDS Item Id: MXB-12

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24" PRO STYLE CURL BAR Item Id: NLB-24



28" CHROMED CABLE CURL BAR Item Id: RCB-28



28" CHROMED CABLE CURL BAR W/ RUBBER ENDS Item Id: RCBR-28



NYLON SINGLE GRIP CABLE HANDLE (BLUE) Item Id: SH-5 (BLUE)



34" PRO STYLE CURL BAR Item Id: NLB-34



20" CHROMED STRAIGHT BAR Item Id: RSB-20



20" CHROMED STRAIGHT BAR W/ RUBBER ENDS Item Id: RSBR-20



SINGLE-GRIP RUBBER HANDLE (HIGH-GRADE) Item Id: CHH-5R







TRICEP PRESS DOWN BAR



DOUBLE GRIP RUBBER HANDLE (HIGH-GRADE) Item Id: DDHH-1R

#### 48" LAT BAR W/RUBBER HANDLES (HIGH-GRADE) Item Id: LBR-48R





34" CHROMED W/ RUBBER HANDLE (HIGH-GRADE) Item Id: NLB-34R





**RUBBER HANDLE (HIGH-GRADE)** 

**MULTI EXERCISE BAR W/** 

TRICEP DOWN BAR W/ RUBBER HANDLE (HIGH-GRADE) Item Id: TBH-10R



28" TRICEP BAR W/ RUBBER HANDLE (HIGH-GRADE) Item Id: RCBR-28R





## **Boxing Equipment**



#### BOXING HEAVY BAG Item Id: HVBG

» Available sizes: 40, 50, 80, 100 lbs (with strap)



BOXING HEAVY BAG CEILING KIT Item Id: HVBG-K



HEAVY BAG/SPEED BAG STAND Item Id: HVBG-R

» 91" H x 51" W x 52" D



# **Plyometrical Box**

#### IRON PLYO-METRICAL BOX Item Id: PB

- » Heavy duty 1" steel construction with fully welded frames and solid ribbed top to prevent skid
- » Wid base and angled construction prevents tipping
- » Stackable for easy space saving storage
- » Powder coated chip resistant finish
- » Available sizes: Height 12", 18", 24", 30", 36"



#### WOOD PLYO-METRICAL BOX Item Id: PB-WOOD

- » 3-in-1 design to exact specs for Cross Training Games Competition
- » 3/4" ultra smooth beveled plywood for durability
- » Capacity: 400 lbs recommended max weight
- » Dimensions: 20" x 24" x 30"
- » Weight: 51 lbs







#### BLUE TRAMPOLINE Item Id: TMP-4



#### ANKLE WEIGHTS Item Id: AW



» Available sizes: 2 lbs, 5 lbs, 10 lbs

#### ADJUSTABLE CHROMED DOOR BAR Item Id: D-BAR



#### ADJUSTABLE ANKLE WEIGHTS Item Id: AWA



» Available sizes: 5 lbs, 10 lbs

» Available sizes: 6" 9" 12" 18" H

STRENGTH RUBBER BANDS Item Id: ESB



## **Home Exercise Items**

#### EXERCISE WHEEL Item Id: EW



» Double wheel

#### 10 MM CHROMED METAL HOOK Item Id: HK-10



8 MM CHROMED METAL HOOK Item Id: HK-8



#### WEIGHTED VEST Item Id: H-VEST



» Available sizes: 22 lbs & 44 lbs

#### HAND GRIP, HARD Item Id: HG-H



BAR PAD Item Id: PAD-14



» 14" Density Neoprene Bar Pad

#### HAND GRIP, SOFT Item Id: HG-S



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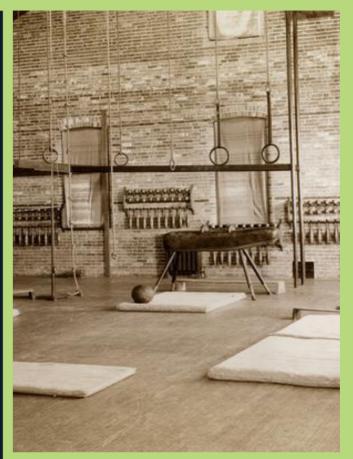
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